

THE COLONNADE

The Official Student Newspaper of Georgia College

Single Copies Free

September 25, 2019

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OFSL promotes National Hazing Prevention Week

Miya Banks
Staff Writer

OFSL is promoting anti-hazing by tabling on campus and visiting Greek organization chapter meetings throughout the week. National Hazing Prevention Week starts on Sept. 23 and lasts until Sept. 27. After three Greek organizations faced hazing allegations last year, many organization's hazing policies have been updated for clarity. "After those allegations, we took a step back and looked at some of the policies we had in place," Michael Igbonag-

wam, assistant director of fraternity and sorority life said. "A lot of those policies weren't very clear, so we wanted to make sure that policies are focused on not only holding the organization responsible but also the individual because sometimes it could just be an individual act." Greek organizations on campus have amplified their non-hazing policies, but GC's non-hazing policy did not change. It can be found on GC's website in the student organization handbook, under section 10 of policies for fraternities

and sororities. It defines hazing as any act that includes one or both of the following: "coercion, either overt or covert" and "production of physical or mental discomfort in either the participants or the

spectators." "Each chapter nationally has its own hazing guidelines or policies in it which involve all the details of what they believe hazing is," Igbonagwam said. "But it truly depends on the council as well. We have

four councils, and each council and also each chapter has its own hazing policy, which is pretty much the same thing: 'we understand what physical or mental hazing is and what that looks like on a student.'" The policy applies to all registered student organizations, said Elizabeth Christopher, assistant director of fraternity and sorority life. "Any active group could potentially be involved in hazing, so it's under fraternity and sorority life, and then all student organizations as well,"

Christopher said. Delta Zet president Hannah Dobilas said that last year, DZ self-reported to GC. "The school found DZ not guilty," Dobilas said. "Then our nationals said, 'this is what happened, so obviously there's something that we need to change,' so we were on social probation, which means that we couldn't have any alcohol at events." This year, DZ has implemented big-little training and requires bigs to sign a contract as another way of holding them accountable. See HAZING | Page 3



Angie Yones | Art Director



Jessica Gratigny | Asst. Photographer

Bochniak tallied a near 20–20 game against Limestone in the Bobcat Classic

Bochniak starts hot with PBC player of the week

Ava Leone
Wed Content Editor

Libby Bochniak, women's volleyball team captain and junior biology major, won the PBC player of the week award after playing Tusculum, Limestone and Lindenwood in the Bobcat Classic. Bochniak also won this award at the end of last semester. Bochniak became team captain two years

ago and hopes to lead her team until she graduates. On any given day, you can find her on the Centennial Center court smacking volleyballs onto the floor of her opponents. "I was honored [to win the award] because I think the only other time I've won it was near the end of the season, which is when I perform my best," Bochniak said. "It was nice to see that I was perform-

ing up to those standards from the very beginning of the season." Bochniak said receiving the award surprised her. She did not go into the tournament with the award in mind but focused on playing for numbers that would qualify them for awards later. According to Bochniak, an award is just an extra bonus. See VOLLEYBALL | Page 5

Behind 'Barbecue'

Katie O' Neal
A&L Editor

The lights turn on. It is another evening of rehearsal, and the sound of footsteps moving across the stage fills the room. The seats are empty and stage lights lie on the floor. A picnic table, seesaw, monkey bars and grill are pulled onto the stage while actors begin vocal warmups. Stage managers pull their scripts out and discuss their notes. The director goes

over some final touches with the cast, and stage managers draw back the curtain. In every direction, people are working hard to have a spectacular production ready for opening night. "Theatre is like a web or like a building, and everything is connected," said actress Annie Martin, a sophomore theater major. "It's really important for you, no matter what, to be as on top of your game as possible and to take it seriously." Theatre is popu-

lar. According to "The New York Times," more than 13 million people saw a Broadway show last season in New York City. Yet, there is more to a production than what is on stage. Theatre is not only important in New York City. GC's Department of Theatre and Dance inspires, educates and entertains. They have been preparing for their performance of "Barbecue" written by Robert O'Hara since May. See 'BARBECUE' | Page 8



Jessica Gratigny | Asst. Photographer

Director Valeka Holt puts finishing on show, 'Barbecue'

NEWS



CONSTITUTION WEEK AT GC
GC students learn about prevalent legal topics

SPORTS



SILLIMAN EARNS PBC AWARD
Collin Silliman runs his way to PBC runner of the week

ARTS & LIFE



ART BLANKET COVERS CAMPUS
Students place envelopes filled with art around Milledgeville

NEWS

GC community comes together for suicide prevention

Nicole Hazlett
Asst. News Editor

September is Suicide Prevention Month. According to the American Psychological Association, suicide is the second leading cause of death among college students.

Dr. Cesar Figueroa, a psychiatrist, is coming to GC to discuss prevention. This event will take place on Sept. 28 and is open to the entire GC community.

GC has many programs set up through Counseling Services to help students, including crisis walk-ins. There is always at least one counselor assigned to be in-office for students who come in during a crisis. This is available every day school is in session.

While September is about bringing awareness to the problem, the times of the year that many students feel the most stressed come in the next couple weeks.

“The increase in demand for these services tend to be about a week or so before midterms to the end. So about the time you have to register for classes or decide to drop or not to drop a class the stress really escalates and maintains that level,” said Susan Spencer, counselor at GC.

To Write Love On Her Arms, TWLOHA, is a student-led organization that is another approach GC has to prevent suicide and bringing suicide awareness.

“TWLOHA is a mental health organization on campus that’s mission is to help educate and break the stigma around mental health,” said Caroline Corley, a senior special education

major. “We want to show that there is hope when people do not see it.”

Corley is the President of the TWLOHA organization at GC. TWLOHA is a national non-profit organization that started in 2006 and is growing

“Everyone needs help in some way at some point.

-Susan Spencer

in size around the world.

“Our events that we host on and off campus provide outlets for people to share their stories and promote hope in others,” said Corely.

Some events TWLOHA has done in the past include a Hope N Mic Night, Body Positivity Day and Meet n Greet with our counselors.

Before students step foot on campus, some faculty and staff have already been trained on prevention.

Public Safety is required to be CIT-trained, which stands for Crisis Intervention Team. This is a 40-hour training.

According to the Georgia Public Safety Training Center, the course involves “various mental health topics that address mental illnesses, developmental disabilities and addictive diseases, site visits to local emergency-receiving facilities and state psychiatric hospitals and performance-based training involving the development of de-escalation techniques and crisis intervention skills via role-play scenarios.”

GC faculty and staff

also have the option of becoming QPR certified. QPR stands for question, persuade and refer. This is a two-hour training to help prevent suicidal thoughts and actions.

“After completing the training participants should be able to recognize someone at risk for suicide, demonstrate increased knowledge of intervention skills and describe knowledge of referral resources and how to refer someone for help,” said Spencer.

Lastly, there is also the CARE Team here at GC. The CARE Team is an acronym for Crisis Assessment Response and Education Team.

“The CARE Team is a multidisciplinary organization with representatives from public safety, counseling, housing, and from student affairs office,” said Spencer.

On top of these programs, it is important for students to remember that it is okay to ask for help. College is a stressful time in many peoples’ lives. September is a good month to reflect on mental health as a whole.

“We work really hard to destigmatize asking for help when you need it because everyone needs help in some way at some point,” said Spencer.

When the Counseling Services at GC cannot be there for students, the Georgia Crisis and Access Line (1-800-715-4225) is a 24-hour helpline for mental health concerns throughout Georgia.

One way for students and faculty to look out for fellow students is to call 478-445-7475 (478-445-RISK) if there is someone that is believed to be at risk.



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If you’re interested in writing for The Colonnade, email thegcsucolonnade@gmail.com or attend a pitch meeting on the following Thursdays at 6:30 p.m. in MSU 128:

Sept. 26	Oct. 24
Oct. 3	Nov. 7
Oct. 17	

The Colonnade is looking for staff writers, editors, designers, videographers, and more for the 2019-2020 school year. Contact thegcsucolonnade@gmail.com for more.

GC adds Einstein to swipe exchange program

Gaige Gagnon
Staff Writer

GC recently added Einstein Bros. Bagels to the meal swipe exchange program. Students can now replace a Max swipe from their meal plan for a \$6.65 credit to Einstein Bros. Bagels on campus. Students with meal plans can use this credit once a day, Monday through Friday, at Einstein Bros. Bagels, Chick-Fil-A, Subway, or Books & Brew. Any balances over the credit limit are payable by CatCash, cash, or credit.

Einstein Bros. Bagels is attracting large amounts of students due to the program, their largest amount of swipes in a day so far being 76. “The first week of school, we were getting around 5 meal swipes per week,” said Patrick Coffee, manager of Einstein Bros. Bagels. “Recently, it has gone up to around thirty meal swipes per day.” Some students, like Virginia Gryder, a freshman criminal justice major, did not know about the swipe exchange program yet, however, Gryder says she will probably start using the swipe

exchange program now that she knows about it. Students are catching on quickly due to the program’s rapid growth. Many students have wanted this to be an option for a while. “Through surveys and other forms of feedback, students told us they needed more options and the meal exchange program is a great way to meet that need,” said Cindy McClanahan, director of marketing and communications for Auxiliary Services. Einstein Bros. Bagels is the only breakfast-style restaurant on campus. Adding it to the swipe

exchange program gives meal plan students an alternate breakfast option from the Max. “The students finally got what they wanted after eleven years of asking,” Coffee said. The swipe exchange program works only during set times. Einstein Bros. Bagels and Chick-Fil-A accept meal swipes from 7:30 a.m. to 10:30 a.m. and from 2:00 p.m. until close. Subway accepts meal swipes from 2:00 p.m. until close and Books & Brew is available from 7:30 a.m. until close. “The biggest change we have seen with the

meal exchange program is traffic flow,” McClanahan said. “Students are utilizing retail venues at slightly different times than in the past.” Student traffic levels increase significantly during prime eating hours, especially when on-campus venues are accepting meal swipes. This semester, Einstein Bros. Bagels has increased the number of workers it has during the times that the meal swipe program is active. The dining venues on campus coordinate their employees’ schedules with times that the venue is accepting

meal swipe exchanges. “Dining Services added additional staff at all locations to begin the year in preparation for this demand,” said Brian Losonsky, General Manager of Dining Services. “We will continue to monitor the impact of the meal exchange program on retail locations and respond as needed.” As the word gets out more, revenue at Einstein Bros. Bagels should continue to increase. Dining Services is monitoring the growth of its on-campus dining venues and making changes accordingly.

MEAL EXCHANGE

MONDAY TO FRIDAY

	<i>BREAKFAST</i> 7:30A.M.- 10:30A.M.	<i>LUNCH</i> 10:30A.M.-2P.M.	<i>DINNER</i> 2P.M.-CLOSE
<i>CHICK-FIL-A</i>	X		X
<i>EINSTEIN BROS</i>	X		X
<i>SUBWAY</i>			X
<i>BOOKS & BREW</i>	X	X	X

Angie Yones | Art Director

HAZING

Continued from page 1

“In the past, I feel like big-little has been like, ‘Oh, here’s your big, here’s your little,’” Dobilas said. “But we’re trying to make it more of a process so people realize how important that bond is and how important it is to take care of this person and be that big sister figure.” Dobilas encourages members to reach out to her if something doesn’t feel right, whether it’s related to DZ or another situation. “I want to be that type of president, and I want us to be that kind of leadership board where we’re empowering our women and making them feel comfortable if they see something that they don’t agree with,” Dobilas said. DZ has always had a zero-tolerance hazing policy, meaning any member caught in the act will be immediately dismissed. Dobilas said DZ never expected to be an organization with hazing by its name. “We see hazing every

day in the news,” Dobilas said. “We see boys dying at fraternity parties, and it’s scary and horrifying, and I don’t want to be apart of that Greek life. I want to be “I don’t want someone to die on our campus for us to learn we shouldn’t haze.” —Mary Argel — part of the Greek life that I know GC has, like when Theta Chi burned down, how we all rallied together. That’s what I love about Greek life.” On an individual level, Dobilas said if students see something, they should say something. Fraternity and sorority life has been more transparent with students about incidents and encourages students to also be transparent. “If parents ask you about it, if other students come to you, don’t brush it under the rug,” Christopher said. “Yes, it has happened, yes we have had hazing allegations.” Christopher said the Greek communi-

ty gained about 700 new members this semester and fraternity and sorority life is working to educate them through new member workshops. “In the fraternity and sorority life office, we are constantly working on more ways to improve hazing prevention,” said Mary Argel, VP of membership in Kappa Delta. “We always want our students to be safe because their safety is our first priority.” Argel’s childhood best friend lost their boyfriend to hazing, and when she heard there had been hazing at GC, it sparked something in her. “I don’t want someone to die on our campus for us to learn we shouldn’t haze,” Argel said. If students witness or suspect hazing, Argel encourages them to come to the fraternity and sorority life office on the third floor of Magnolia. Students can also visit the website at www.gcsu.edu/fsl and find an incident form.

INTERNATIONAL PHOTO CONTEST



Theme:
Home Away from Home

Categories:
Portraits & Surroundings

Submission Deadline: September 27

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Prizes will be awarded for top photos!



Constitution Week informs GC on new legal cases

Kristen Maddox
Staff Writer

GC Constitution Week gives students insight into current issues while developing their political awareness as citizens.

Constitution Week is the third week in September and celebrates Constitution Day which is Sept. 17. It features events that address and explain current political topics impacting citizens and U.S. laws.

“To learn about what’s going on in the world, but to learn about these topics in a less contentious environment where you hear both sides of an issue,” said Jehan El-Jourbagy, assistant professor of accounting. “You’re really getting it in a structured, respectful way and I think students listen and embrace it.”

Jehan El-Jourbagy is the co-chair of the GC constitution week committee.

El-Jourbagy led a discussion on Sept. 16 explaining why the Heartbeat Bill passed in Georgia and its impacts. About 50 attendees listened to the discussion in the Atkinson Hall conference room.

The discussion started with the history of Roe v. Wade and went into more detail about the Heartbeat Bill. El-Jourbagy introduced how this bill affects Georgia’s film industry.

Students gathered after the discussion to further discuss what they learned.

“As a woman, it [the Heartbeat bill] makes me feel kind of helpless,” said Bentley Earnest, a sophomore political science major. “It makes me feel like I don’t have a lot of options.”

Dr. Hank Edmondson facilitated a Times Talk, “Marijuana and the Supremacy Clause”

on Wednesday, Sept. 18. Over 70 people gathered in the education room of the Ina Dilard Russell Library.

Edmondson is a professor of government and sociology at GC. He teaches in areas including U.S. government, political philosophy and public law.

During the discussion, he tallied the states where marijuana is legal and explained how legalization has affected their economies and crime rates.

Colorado became a topic of conversation, since the state is known for legalizing both medicinal and recreational marijuana. Edmondson shared local newspapers reporting both an economic boom and marijuana abuse as a result of legalization.

Many students asked questions to clarify legal ramifications.

“I think it [marijuana] should be regulated the same way we regulate alcohol,” said Cain Gantt, a senior math and physics major. “There’s benign medicinal uses and then there’s abuse, and seeing it as a health issue rather than a legal issue is a step

“
This has been one of the best the best constitution weeks I’ve ever been a part of.

—Jehan El-Jourbagy
“
in the right direction.”

The Arts and Sciences auditorium held a Supreme Court Review panel Wednesday evening, Sept. 18. There were about 120 people in attendance.

To kick-off the event, El-Jourbagy explained various data points and charts detailing what each Supreme Court justice did in the last term.

Each panelist introduced and explained their chosen topic. Superior Court Judge Amanda S. Petty explored racial inequality in jury selection.

She used *Flowers v. Mississippi* as an example of racial inequality. In this case, Curtis Flowers was arrested in 1996 and tried six

times since--the first three were overturned after misconduct in jury selection was found.

Fred Smith, an associate professor of law at Emory, explained evidence supporting the government’s request to add a citizenship question to the census.

During the case, the Supreme Court found a gap in the evidence. Smith said the Supreme Court did not support adding the question to the 2020 census because no department of government needed it.

Nicholas Creel, assistant professor of public law at GC, discussed laws for installing and maintaining religious monuments.

Creel started with the Lemon Test. It was created in 1971 and used in court cases to determine if First Amendment rights were infringed by removing monuments.

The Supreme Court case he described found the Lemon Test inadequate. The court settled on a new method to determine if monuments can stay. Now, if a monument is old enough to have historical value, odds are it will remain standing. Judicial minds are still trying to find a good test, Creel said. Lori Ringhand, pro-

fessor of law at UGA chose to discuss partisan gerrymandering and how it affects voting.

Ringhand started by introducing the political questions doctrine. The doctrine determines whether the court system is appropriate to hear the case. She admitted this doctrine almost never comes into play. Then, Ringhand explained how the Supreme Court determined they could not hear the case on partisan gerrymandering.

Matt Roessing, lecturer of law at UGA, received the most laughter as he explained how the Supreme Court changed trademark laws to allow profanity.

Roessing described how the Lanham Act of 1946 prohibited scandalous or immoral matter in trademarks. Multiple groups and individuals tried overturning the clause. Roessing introduced the Supreme Court case, *Iancu v. Brunetti*. The case resulted in a 7-2 ruling against the Lanham Act’s disparagement clause and allowed profanity in trademarks. “For me, this has been one of the best constitution weeks I’ve ever been a part of,” El-Jourbagy said.




Catherine James | Digital Media Editor
Panelists review various Supreme Court decisions during Constitution Week event



BreakingSilence
a Project Safe initiative

This project was supported by award No. V-18-S-067 awarded by the state administering office for the Domestic Violence Grant Program. The opinions, findings, conclusions, and recommendations expressed in this publication/program/activity are those of the author(s) and do not necessarily reflect the views of the state or the Criminal Justice Coordinating Council.

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SPORTS

Volleyball

Continued from page 1

“I wasn’t expecting the PBC player of the week because it always deals with how other PBC teams do, and I just didn’t know how they were performing,” Bochniak said. “I was surprised to get it, but then going back and looking at the stats it wasn’t just like they gave it to me.”

The team won 3-2 against Tusculum and Limestone and 3-0 against Lindenwood. Bochniak came in hot with 78 kills and 9.4 digs during the tournament.

“I wouldn’t be anywhere without my teammates,” Bochniak said. “Everyone touches the ball. It’s not one person’s effort.”

Bochniak said that wins are only a fraction of what it means to be on her team. The team members are critical but supportive of each other.

“Libby has always been very consistent—always gotten her kills,” said Gretchen Kremdieck, head vol-

leyball coach. “A lot of things have shifted to Libby’s shoulders and she’s handling it well.”

Kremdieck said Bochniak’s evolution focused more on the mental, emotional and intangible side leadership rather than physical playing gains.

“The team looks to her a lot,” Kremdieck said. “She’s the vocal leader, she’s the physical leader, a lot of times she has to be the emotional leader too. She’s very fundamental and always had a very high volleyball IQ, so she sees the court well.”

Kremdieck said Bochniak knows her competition dynamics are not static. She constantly evaluates the floor during a game to make a come back.

“I plan to keep doing what I’m doing mentally and physically,” Bochniak said. “I don’t think what I’m doing now will work for every game. I think having a lot of tools in your tool box is really important.”

Bochniak said she cross-trained and

learned to sprint on a tread-mill this summer to keep her in shape for the season.

“She’s a very smart player in that aspect—she’s always had that,” Kremdieck said.

Kremdieck said she brings the game to the court but also wins in the classroom. Bochniak has maintained a 4.0 GPA during her years at GC and plans to keep up the hard work in the classroom.

“I have learned a lot from Libby,” said Emily Long, a freshman exercise science major. “I’ve learned how to become more vocal on the court and to never accept being ‘good enough,’ you should always strive to go above and beyond.”

Bochniak said balancing school and volleyball becomes difficult during season, but many of her teammates are STEM majors. They often study together.

“I’m excited for the season! I think we have a really good atmosphere and chemistry as a team,” Bochniak said.



Jessica Gratigny | Asst. Photographer

Bochniak tallied three double-doubles in three games

Running through Silliman’s success

Lilia Starnes
Staff Writer

The start line for Collin Silliman is a place of deep concentration; all the miles and work put in over the summer will soon reveal itself. Instead of kicking it into high gear as the gun goes off, the PBC runner of the week takes a more tactical approach by keeping a steady pace and passing his competitors one by one.

“I am a hold back kind of guy,” Silliman said. “I don’t have the same kind of turnover as some of the other guys.”

Silliman’s strategic

approach has paid dividends in past races.

“At region my brother and I got stuck behind so many runners we had to be in 80th place, but by the end of the race, we ended being 13th and 20th overall,” Silliman said.

PBC runner of the week is just one of the many successes Silliman has had while running at GC. In the 2018 cross country season, Silliman went all the way to the NCAA DII Cross Country Championships and placed 73rd out of 261 other runners.

“Getting PBC runner of the week for the first time is pretty cool and in-

teresting but it does not compare to running at nationals,” Silliman said.

“Unfortunately, I have made a name for myself within the PBC and the region so now I have a target on my back and the pressure is on,

-Collin Silliman

The downside to competing at a high level is name recogni-

tion within the sport.

“Unfortunately, I have made a name for myself within the PBC and the region so now I have a target on my back and the pressure is on,” Silliman said.

Silliman’s success inspires those on his team and off.

“His performance definitely helps with the newer team members even before they got here,” said Matt Sutton, interim head coach. “I think it was enticing to run with someone with his caliber.”

Talent and skill win individual accolades, but what makes Silliman an invaluable asset to his

team is so much more.

“[New runners] get here and understand that with him it is more than just talent, it is work ethic,” Sutton said.

In addition to being a role model to those on his team, Silliman has the privilege of sharing his love of running with his brother Brennan Silliman who runs cross country and track at Augusta University.

“He was one of the leading figures who got me into running,” Brennan said. “Seeing him succeed makes me want to push myself as far as I possibly can.”

When Silliman is not running with the team

or competing in national championships, he enjoys exploring Milledgeville on foot.

“I think my favorite place to run is the greenway, specifically, the GMC fields when the sun is going down,” Silliman said. “I like the fields because I can run with my shoes off and feel the grass under my feet and just think.”

Silliman has high hopes for himself and his teammates, especially in his last season.

“I really would like to see myself and my team go to nationals this year and just work hard,” said Silliman.



Courtesy of GC sports

Silliman running at the VSU Border Clash Sept. 6



Courtesy of the Silliman family

Collin inspired his younger brother Brennan to run



Courtesy of GC sports

Collin Silliman running at nationals

SPORTS



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ARTS & LIFE

ARTBLANKET covers GC's campus

GC students share artwork with the Milledgeville community and GC

Jessica Gratgny
Asst. Photographer

ARTBLANKET provides an unconventional way for everyone to appreciate and share art as well as unite the GC community through the convenient passing of creativity and talent anonymously amongst one another.

“For those who find an ARTBLANKET envelope on a campus bench, slid under their office door, falling out of their edition of the Colonnade, sandwiched in the Mother’s Day cards at Walmart or lying on the ground, they could become conditioned to the idea that art is for everyone,” said Bill Fisher, Art Department Chair. “It presents itself to those who expect it, and they can have a valuable experience with it.”

Spread across campus are unique works of art enclosed in letter-sized envelopes awaiting for a random passerby to find them.

The packaged artwork can fall into 16 different potential categories based on the medium of choice. The categories range from paintings, poems and prints.

On the front of each envelope reads a congratulatory statement identifying the finder as a “fortunate citizen.”

“The title ARTBLANKET is meant to reflect the wide coverage of artwork we’ve achieved, and the associations, often first made in childhood, of the warmth, comfort and protection one may have with the idea of a blanket,” Fisher said.

This is not the first time ARTBLANKET has coated GC’s campus. The easter egg hunt-like project sporad-

ically appeared throughout GC history since its initial appearance on campus in 2002.

ARTBLANKET began with GC drawing and printmaking students but continues to live on through artists of all majors and mediums of choice today.

“The batteries have been recharged and now is the time to unpack the blanket,”



Fisher said.

ARTBLANKET gives art a new light to display itself with on the GC campus. Members of the GC community from all areas of study are pulled in by ARTBLANKET’s ability to make artwork easily accessible and immediately available.

“ARTBLANKET can also subvert the elit-

ism of Art, transgressing expectations and conventions of culture that isolate viewer from object and idea, keeping us at a (respectful) distance and voluntary disconnectedness,” Fisher said. “This project blends low and high-brow, fine art with found

found a collage inside.

“ARTBLANKET might spark an interest for people like me, who haven’t been as interested in the arts, to go to some on-campus shows or try their own hand at art,” Childers said.

Childer’s initial reaction was shocked and confused but appreciative of the work.



Collage by Angie Yones | Art Director & Compiled by Jessica Gratgny | Asst. Photographer

mind...’ Art comforts the disturbed and disturbs the comfortable’ and ‘everyone’s a critic.’”

ARTBLANKET participants like junior Jacob Cain, a studio art major, agree.

“Whether they wanna keep [the artwork] and cherish or litter it, it’s more or less about

Alliance or just for fun.

For Cain, ARTBLANKET is a source of happiness, which he hopes others may find through his work as well. ARTBLANKET benefits the artists submitting their work in other ways as well.

“[ARTBLANKET] builds confidence in the artist,” Cain said. “They get to make whatever they want without the fear of people critiquing or destroying it.”

The entire GC community is welcome to contribute to ARTBLANKET. The guidelines are simple and easy to follow:

Take the designated ARTBLANKET envelopes from Bill Fisher’s mailbox in Ennis Hall by room 103

Seal the envelope after the artwork has been placed inside and identified on the front

Leave it somewhere or hand it to a stranger

Most locations are fair game though the envelope should not be placed anywhere that would be considered private personal property.

Participants are trusted not to use this project with the intent to create concern, fear, or harm of any sort to the recipient. The ARTBLANKET’s quantity and duration are solely based on the GC community’s willingness to participate.

“With students and colleagues frequently producing these Easter eggs, our daily creative practice can be enhanced, and we stay intellectually and aesthetically engaged and alert,” Fisher said.

For more information, the Creative Arts Alliance meets Tuesdays at 5:30 p.m. in Ennis Hall, room 105. In the mean-



Jessica Gratgny | Asst. Photographer

Childers finds a collage placed on a bench beside the fountain by the Arts and Science building



Jessica Gratgny | Asst. Photographer

Fisher’s printmaking classes create large prints that are cut into pieces and prepared for envelopes

GC offers a Fit30 class

Gaige Gagnon
Staff Writer

Fit30 is a 30 minute fitness class that utilizes cardio, yoga, stretching, and strength to work all the main muscle groups.

GC Wellness and Rec offer a variety of fitness classes for students. This includes spin, barre, yoga, dance and general fitness.

Students can view all of the available fitness courses provided by GC via their phone application. The app makes it easy to sign up for a class online.

The difficulty of classes ranges from beginner to advanced, and Fit30 is an intermediate course.

Caroline “C” Hearn, a junior mass communication major, teaches Fit30 and Dance Confidence this semester. Hearn created both classes herself.

“Fit30 is just like all weight training, trying to hit every body group, get in whatever you can in 30 mins,” says Hearn.

The class is short and

sweet, but will leave you with a full-body workout.

“The Fit30 class was a high-intensity workout. It was a perfect way to work all your muscles in a short time,” said Alexis Latimer, a senior marketing major.

Most of the class incorporates weights into the exercises. This allows for strength training on top of cardio and stretching. Participants may choose how heavy their dumbbells are.

Many students choose to participate in fitness classes because they find it hard to workout without friends or people to motivate them.

“Fit30 is nice because most of the time, I’m not motivated enough to work out after class and work,” Latimer said. “If I sign up, then I feel obliged to go.”

Fit30 is taught at 9 p.m. on Tuesdays and Wednesdays. Weights and mats are provided at the door.

GC Wellness and Rec’s fitness classes are open to all people and all genders. Fit30 was

composed of only female students. This is subject to change, and males are encouraged to join in on the fitness classes provided by the school’s wellness and rec center.

Hearn has been teaching fitness classes since she was a freshman. Her Mom teaches yoga and her Dad teaches spin. Hearn and her parents are group fitness certified.

Hearn originally wanted to teach dance.

“I always did cheer and I thought it would be fun because I knew they didn’t have any dance classes here,” Hearn said.

Hearn also teaches dance confidence. It’s a beginner dance class that incorporates Vegas jazz and burlesque.

“It’s a lot of fun,” Hearn said. “It’s sassy, more like feminine dancing.”

Dance confidence is taught on Mondays from 9-10 p.m.

The GC Wellness and Rec Center hosts fitness classes from Monday to Friday. All classes are free of charge for students.

FIT30 WITH CAROLINE

SWEAT

SORENESS

SOUND

Angie Yones | Art Director

WHO'S PLAYING WHERE

THURSDAY 9/26
Strings of the Heart
Universal Sign

7 p.m. at Metropolis
10 p.m. at Amici

FRIDAY 9/27
Tyler Hammond
Bird Dog Jubilee

11 p.m. at Tavern
11 p.m. at Buffingtons

SATURDAY 9/28
Station 7

11 p.m. at Buffingtons

THURSDAY 10/3
Nappy Roots
with special guest Dboy

10 p.m. at Buffingtons

Angie Yones | Art Director

ARTS & LIFE



CARL’S
COLUMN

Carl Tuléus
Contributing Writer

I couldn’t help but wonder, are The Max and Tinder really that different? I mean, we swipe at both of them. One for when we’re hungry and the other when we’re thirsty.

Speaking of thirsty, I’m still getting used to the water here in Milledgeville. Well not only the drinking water, that makes you question the word “drinking”, but also the river.

When I was power walking (“power” is just randomly placed in there, I was just walking) to the Greenway Park, I saw the “WARNING”-sign and under, it has a list of different dangers with the text “Swim at own risk.” One of these dangers was alligators.

The last time I saw something even remotely close to an alligator was when my mom tried making crocodile skin shoes happen (spoiler: It didn’t). Well truth be told, there are so many things that you have to do at your own risk in America. First of all, walking. It’s not only because Americans drive like they’re guest-starring Fast and Furious (I don’t know which one, they made like fifteen of those movies).

It’s also the fact that here in Milledgeville, the traffic lights don’t make a signal sound, not when it’s red and neither when that white guy is showing. I guess it’s not hard to figure, that for someone with visual impairment or just a non-observant pedestrian, it could take a while to cross.

Yes, I know they hired someone to help people cross the road outside of the Den. But,

isn’t the fact that they needed to hire a school crossing patroller more proof that people drive too fast, too close to a school, than a sign of safety? I have gotten some tips though on how to survive this scary but squirrel-full environment. The first one is to always use the crosswalk while crossing a street, “otherwise you won’t get paid if they hit you.”

The other tip was to “get a gun,” and even if I played GTA on PlayStation, me with a gun would look as odd as a GC girl with pants.

I must tell you that guns are not very common in Sweden. I mean when Professor McMichael asked me where in Sweden, they even sell guns my first response was “the streets.”

Still, I was a bit surprised when the first weapon I encountered on campus was poison. Though it is hard to admit, because I love the Max - but the “coffee” they serve couldn’t be described as anything else. Truly drinking it is “at own risk.”

Luckily, we have the Starbucks coffee shop on campus. Being that Sweden drinks the second most amount of coffee in Europe, I think it’s no surprise that I’m picky.

Still I am happy for that coffee/Romeo and Juliet-beverage they serve at the Max cause otherwise I would never have met the wonderful staff at Starbucks, truly the best coffee and people.

And sometimes when I feel a little risky, I just drink coffee from both the Max and Starbucks. Just like Hannah Montana, best of both worlds.

Your European southern belle

Students break social norms

Gaige Gagnon
Staff Writer

At GC, sociology professors often assign their students with the task of breaking a social norm in a public space.

Some professors want their students to perform gender norm violations. Others want their students to simply break a social norm and write about their experience.

Some students stand facing backwards on an elevator, while other students go for eccentric social stunts.

“My friend yelled at the receptionists in the library,” said Brody Craft, a junior marketing major.

It is apparent that students have the ability to be creative for this assignment.

Sandra Godwin, associate professor of sociology, instructs her students to do nothing. Students stand like a statue for 30 minutes, staring in a public space in normal attire but not obstructing anything.

“It is a norm violation because the rule is that you should be engaged in doing something, and if you’re not, people

question your sanity and all kinds of things about you,” said Godwin.

Students often have all kinds of stress during this assignment.

“We practice in class doing nothing, because it sounds like no big deal, but depending on where you do it, there

I’m rude, or if they don’t know me they will think I’m mentally unstable.”

Once the assignment is done, students are often filled with jubilation.

Godwin believes broken social norms are so strange because we rarely ever violate them. A critical part of soci-

ety is a good example of social queues. If you appear to be a woman or a man, then people think they know how to respond to you.

“It’s a huge way that our society is ordered, so when that is taken away, people are really bewildered and discom-bodulated, they don’t know what to expect,” said Godwin. “Violating social norms is very similar. We don’t realize that we abide by those rules until we break them and then we realize that we do in fact abide by a lot of rules that are unspoken.”

The purpose of the social norms assignment is not just to prove how deeply attached society is to a fully-functioning, normal social fabric, but to show how everyone falls in line.

“It’s not just college students who fall in line,” Godwin said. “It’s parents, its faculty, because we get so accustomed to it and we think that rules, policies, can’t be rewritten, and of course sociologists fall into that, but it’s not true because we human beings created the world we live in and if there’s bad things about it, we can ‘uncreate’ it.”



Lila Schell | Asst. Photographer

Daniel Marcus breaks social norms by standing in the corner of an elevator

are all kinds of things you think about,” Godwin said. “You think who’s going to see me, they are going to think

ety is the written and unwritten rules that we silently abide by, whether we realize it or not.”

Godwin believes gen-

PET
OF
THE
MONTH

GERMAN SHEPARD AND
LABRADOR RETRIEVER
10-WEEKS OLD



NESRIN

OWNER: KACIE BISHOP, A JUNIOR NURSING MAJOR
FAVORITE TOY: A MOOSE
HOBBIES: PLAYING TUG WITH HER ROOMMATE
FAVORITE SPOT: SLEEPING ON HER MOM’S CHEST
FAVORITE SCRATCH SPOT: BELLY
MY STORY: I WAS FOUND WITH MY MOM AND SIBLINGS
WANDERING CENTRAL STATE WHEN GA STATE PATROL FOUND US.
THEY FOUND A GROUP OF STUDENTS THAT FOSTER RESCUE
ANIMALS. WE LIVED IN THE SAME APARTMENT COMPLEX AS
BISHOP WHEN SHE MET ME.

‘BARBECUE’

Continued from page 1

For “Barbecue” to be a success, those seen on stage and behind the curtain put in their best efforts and hard work before audiences see the show.

The dramaturge, lighting designer, prop manager, director and cast collectively work together to create both a story with lessons to learn and a memorable play.

However, the dramaturge, lighting designer and prop manager are rarely visible to the public, yet they are vital to the production.

“The cast are just cogs in this machine,” said actor Ben Stokes, a senior English major. “Everybody else is doing their parts extremely well.”

GC alumnus Deitrah Taylor is the dramaturge of “Barbecue.” Her job is to help the cast un-

derstand the historic patterns of the show.”

Dramaturges take on the roles of historian and cultural curator of play productions. They make sure every aspect of the performance is historically accurate to the setting of the play. In addition to historical accuracy, lighting is important to the production.

“Barbecue” centers around race, class and drug addiction; topics that have been prominent in the U.S. for more than 200 hundred years.

As a dramaturge, Taylor reads the play and looks for any cultural commentary on the play such as language that is used, how the characters are described and how classes are described.

Taylor met with the cast the second week

of school and dedicated two and a half days toward dramaturgical work through lectures, reading cultural artifacts and watching videos.

“I also work with the cast on memorization and self-care,” explained Taylor. “A lot of times

deep moments, so they can go home and resume their regular life.”

Taylor attends rehearsals and watches how the actors apply the dramaturgy to their scenes, and she assists the cast with any questions re-



Jessica Gragny | Asst. Photographer

Higgs is in charge of selecting the lights, hanging them up and ensuring they work properly for the production of “Barbecue”

the things that we deal with in these productions are very emotional, and even though ‘Barbecue’ is a comedy, I help the cast unpack those dramatic,

garding dramaturgy that they might have.

In addition to historical accuracy, lighting is important to the production.

Ashleigh Higgs is a

senior theater major and the lighting designer of “Barbecue.” With the lights, she creates a scene for the production. The lights create the time of day and reflect the mood that is being portrayed by the cast.

Higgs started reading the play in May to get an idea of what lights she wanted to use and how she wanted to hang them.

“Most of the nitty gritty stuff is after we hang our lights and I come to [Russell] at 9 p.m. sometime because that’s when it is available for me to do all the hard work.”

Higgs works with different types of lighting units. She uses LEDs, 6 by 9 Likos, Source 4s, PARs and Fresnels.

Higgs explained that the Fresnels are really good back lights and down lights because the spread the light instead of keeping it con-

tained in one small spot.

A PAR has a big lens that allow the light to go straight out, while 6 by 9s can go a far distance because they are really tall instead of circular, said Higgs.

Before the lights are hung, Higgs watches rehearsals to see where the characters are staged, so she knows where the lights need to be focused.

After she hangs the lights, Higgs programs the cues for the lights in the light board. She will do this every night after rehearsal until all the lights are hung and programmed.

“We may be the faces of it, but there are so many hard working individuals behind each and every show,” said Martin.

The first performance of “Barbecue” is Oct. 2 at 7:30 p.m in Russell Auditorium. “Barbecue” is for mature audiences only, 16 and older.